



# REGION 2 CONFERENCE

**3:30-4:30 PM** | Networking Session | **MERTEN 1201**

## SPEED MENTORING

Refer to the “Meet Your Mentors” info sheet for mentor bios & areas of expertise to help decide what tables to visit.



1. Pick a Mentor based on your career goals or areas of interest.
2. Find their table using the blue numbers like the square to the left.
3. **Ask burning questions and have a great conversation!**
4. Rotate every 10-15 minutes (we will make an announcement).
5. Repeat and visit a new Mentor.

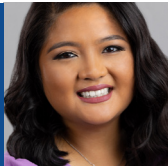
### Tips for Success:

- ✓ **Don't follow the crowd:** Prioritize Mentors with fewer visitors.
- ✓ **Be confident:** Even the Mentors started out as student journalists!
- ✓ **Take notes:** Use your SPJ reporter's notebook to jot down insights.

# MEET YOUR MENTORS

TABLE

1



### ANGELIQUE ARINTOK | 13News Now WVEC-TV

Angelique is a reporter with 13News Now WVEC-TV in the Hampton Roads area of Virginia reporting on everything from breaking news to local government, education and severe weather events. She discovered her love for storytelling and journalism while attending Mason. Angelique helped lead Mason Cable Network as a student and took internships with WDVM-TV (DC News Now).

**ASK ME ABOUT:** Getting comfortable on camera, nailing live reports, writing TV copy, interviewing

TABLE

2



### HAU CHU | The Washington Post

Hau is a reporter on The Post's Local desk, where he writes enterprise stories about life and its oddities. He anchors The 7 DMV, a weekday newsletter that catches you up on what's happening around the D.C. area.

**ASK ME ABOUT:** Interviewing, print/publishing, digital strategy/new initiatives

TABLE

3



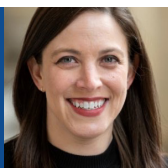
### DENISE DUNBAR | Alexandria Times

Born in Atlanta, raised in suburbs of New York, Philadelphia, Chicago and Dallas, Denise has had a career as varied as her hometowns. An undergrad degree in journalism led to a stint at the Charlotte Observer. A master's in political science led to six years at the CIA and working on public policy. She has spent the last 15 years running the Alexandria Times, a weekly paper in Alexandria, Virginia.

**ASK ME ABOUT:** Print/publishing, ethics, FOIA

TABLE

4



### SADIE GORMAN | The Wall Street Journal

Sadie covers the Justice Department and federal law enforcement, with an emphasis on the intersection of politics and law. She writes about DOJ leadership and policy ranging from civil rights and criminal justice issues to terrorism, gun violence and national security. She previously worked for the Associated Press and Denver Post.

**ASK ME ABOUT:** Beat reporting, source development, interviewing, resume building

TABLE  
5



**SUE KOPEN KATCEF** | Freelancer

Currently a freelance reporter for Maryland Public Television, Sue is an award-winning broadcast journalist who has worked in both radio and television. She also taught for nearly two decades at the University of Maryland's Philip Merrill College of Journalism and directed the Capital News Service broadcast bureau for 10 years. She served on the SPJ national board and UMD student chapter.

**ASK ME ABOUT:** Reporting for radio, TV and political reporting

TABLE  
6



**DR. KIMBERLY MELTZER** | Mason Department of Communication

Dr. Meltzer researches and teaches about journalism studies, political, and strategic communication. She focuses on journalistic adaptation to change and is the author of two books. She received the 2020 CMA Honor Roll Adviser Award and previously worked for CNN, NBC, and local and regional newspapers.

**ASK ME ABOUT:** Interviewing, finding internships, resume building

TABLE  
7



**EUGENE MULERO** | Transport Topics

Eugene Mulero is the Chief Washington Correspondent at Transport Topics, focusing on Congress and national policy and politics. He writes the "Capitol Agenda" column, leads coverage of elections and is an analyst for SiriusXM's Road Dog Trucking show (ch. 146). He previously worked with HuffPost, E&E News, and CQ Roll Call.

**ASK ME ABOUT:** Politics, U.S. Congress, Washington media

TABLE  
8



**MARCELLA ROBERTSON** | WUSA9

Marcella Robertson is an anchor and reporter at WUSA9, the local CBS affiliate in Washington, D.C. Marcella has more than a decade of on-air reporting experience. Her work has been recognized with several awards, including four Emmys and a regional Edward R. Murrow award.

**ASK ME ABOUT:** Broadcast journalism, landing your first job

TABLE  
9



**ELLIOTT ROBINSON** | Virginia's Home for Public Media (NPR & PBS)

Elliott Robinson has been a central Virginia journalist since 2006 and news director at VPM, Virginia's Home for Public Media, since 2021. He also is vice president of the SPJ Virginia Pro Chapter and a member of the board of the Virginia Coalition for Open Government.

**ASK ME ABOUT:** Switching platforms, community journalism, editing

TABLE  
10



**JALEN STUBBS** | NBC Washington

I am currently serving as a Production Assistant at NBC Washington. I am also a George Mason University Communication Alum, class of 2023 where I worked for student media, served as a student ambassador for the College of Humanities and Social Sciences, and the former Director of Communications for the Black Male Success Initiative.

**ASK ME ABOUT:** Storytelling, print journalism, production, interviewing

TABLE  
11



**BENÉT WILSON** | Poynter-Koch Media & Journalism Fellowship

Benét is director of the Poynter-Koch Media & Journalism Fellowship, a year-long program for early-career journalists. She serves on the boards of Mercer University's Center for Collaborative Journalism and the Institute for Independent Journalism. She graduated from American University with a B.A. in broadcast journalism.

**ASK ME ABOUT:** Resumes, salary negotiations, the art of networking

TABLE  
12



**OLIVIA WHITEHOUSE** | WHSV-TV3

Olivia graduated from GMU in 2022 with a degree in Communication with a double concentration in Journalism and Media Production and Criticism. She has been covering news across the Shenandoah Valley as a MMJ for WHSV-TV3 in Harrisonburg, Va since February 2023. She has covered topics from court cases to breaking news to medical stories and has a passion for storytelling.

**ASK ME ABOUT:** Interviewing, writing, multimedia

**Remember to thank your Mentors for their time and expertise!**